



**ANN ALYANAK**



# Ann Alyanak

Age: 31

Hometown: Bellbrook, Ohio

Ann Alyanak, a former Big Ten Champion in the 10,000 meters, will be running her first Bellin Run. Ann had a very successful year in 2008, finishing 7th in the Olympic Trials marathon, 1st in the Columbus Half Marathon and was the Run Ohio Runner of the Year. After taking off in 2009 for maternity leave, Ann recently proved she is back and strong as ever by finishing 5th in the very competitive Cleveland Rite Aid 10K.

## Best Performances

### Personal Bests

1500	4:31:51
5K	16:34
10K	33:55
Half Marathon	1:13:46
Marathon	2:34:46

### Notable Performances

2010	Cleveland Rite Aid 10K	34:37	5th place
2008	Columbus Half Marathon		1st place
2007	U.S. Marathon Championships		2nd place
2007	U.S. Half Marathon Championships	1:13:46	9th place