



JOHN YUDA



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Age: 30

Home: Tanzania

John was the 2009 Bellin Run champion, beating four-time champion John Korir by over a minute. He has brought sheer excitement in his three previous Bellin Runs, finishing a mere two seconds off the winning pace in both 2003 and 2006, and was beaten by Korir by only 0.45 seconds in 2008.

Best Performances

Past Bellin Run Performances

2009	28:05	1st place overall
2008	28:47	2nd place overall; 2nd place 25-29 age division
2006	29:03	
2003	28:58	

Notable Performances

27:40	Tout Rennes Court 10K, 2002	2nd place
28:23	Wurzbürger Residenz-Lauf 10K, 2001	1st place
28:30	Arturo Barrios Invitational 10K, 2001	2nd place
28:47	Corrida San Felipe Montevideo 10K, 2002	1st place
28:48	Bolder Boulder, 2008	4th place

Personal Bests

5000m	13:03.62 (Tanzanian record)
10,000m	27:06.17 (Tanzanian record)
10K Road	27: 40
Half Marathon	1:00:02
25K Road	1:13:56
Marathon	2:10:13