



RICHARD KANDIE



Fitness & Athletic Performance
from Bellin Health

Richard Kandie

Age: 25

Birthplace: Kenya

Richard Kandie, who trains with the Duma Runners in Coon Rapids, Minn., will be running his first Bellin Run. Richard has competed in the Cellcom Green Bay Marathon, where he placed 3rd in 2008.

Best Performances

Personal Bests

5K	13:49
10K	28:46
Half Marathon	1:06:17
Marathon	2:20:11

Notable Performances

2010	Cleveland Rite Aid 10K	29:33	4th place
2009	Las Vegas Half Marathon	1:07:03	
2008	Cellcom Green Bay Marathon	2:26:22	3rd place
2008	Kansas City Half Marathon	1:08:58	1st place